

RETURN TO SENDER

Choreographed by Melanie Vleugels

Type: 32 count, 4 wall, Lilt

Level: Newcomer

Music: "Return To Sender" by Elvis Presley (130BPM)

Official UCWDC competition dance description

Date of usage 17 March 2011

1-8: 4x TRIPLE

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|---|----|--|
| 1 | RF | Step to right |
| & | LF | Step next to RF |
| 2 | RF | Step to right |
| 3 | LF | Make 1/4T left and step to left (face 9:00) |
| & | RF | Step next to LF |
| 4 | LF | Step to left |
| 5 | RF | Make 1/4T left and step to right (face 6:00) |
| & | LF | Step next to RF |
| 6 | RF | Step to right |
| 7 | LF | Make 1/4T left and step to left (face 3:00) |
| & | RF | Step next to LF |
| 8 | LF | Step to left |

9-16: TWIST, FLICK, TWIST, FLICK

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|---|----|---|
| 1 | | Make 1/4T left and twist right (face 12:00) |
| 2 | | Twist left |
| 3 | | Twist right |
| 4 | LF | Flick crossing LF behind right leg |
| 5 | LF | Step in place and twist left |
| 6 | | Twist right |
| 7 | | Twist left |
| 8 | RF | Flick crossing RF behind left leg |

17-24: 3x STEPS, TOUCH, SAILOR STEP

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|---|----|-----------------|
| 1 | RF | Step forward |
| 2 | LF | Touch to left |
| 3 | LF | Step forward |
| 4 | RF | Touch to right |
| 5 | RF | Step back |
| 6 | LF | Touch to left |
| 7 | LF | Cross behind RF |
| & | RF | Step right |
| 8 | LF | Step left |

25-32: OUT-OUT, IN-IN, KICK BALL STEP, HIP CIRCLE

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|-----|----|----------------------------------|
| & | RF | Step out (forward) |
| 1 | LF | Step out (forward) |
| & | RF | Step in (back) |
| 2 | LF | Step in (back) |
| 3 | RF | Kick forward |
| & | RF | Step back |
| 4 | LF | Touch forward |
| 5 | | Face look back |
| 6 | | Hold |
| 7-8 | | Hip circle counter clockwise |
| & | LF | Make 1/4T left on LF (face 9:00) |